

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Breakfast Chocolate Chip Muffin Fruit Lunch Penne w/ Meat Sauce Vegetable Fruit	3 Breakfast Biscuit Breakfast Sandwich w/ Bacon & Egg Fruit & Juice Lunch Pork Carnitas Rice & Beans Fruit	4 Breakfast French Toast Sticks Fruit Lunch Salisbury Steak Rice & Gravy Fruit Vegetable	5 Breakfast Mini Pancakes Fruit & Juice Lunch Popcorn Chicken Red Rice Local Cucumber Salad NEW! Mango	6 Breakfast Fried Rice w/ Ham & Egg Fruit Lunch Cheesy Breadsticks w/ Marinara Vegetable of the Day Fruit
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A Variety of Fruits and Vegetables are offered weekly including Fresh, Frozen and Canned

9 No School Santa Maria Kamalen Day	10 Breakfast Breakfast on a Stick Fruit & Juice Lunch Chicken Nuggets Rice Fruit & Vegetable	11 Breakfast Breakfast Pizza Fruit Lunch Orange Chicken Rice Fruit & Vegetables	12 Breakfast Apple Frudel Fruit & Juice Lunch Eggless Loco Moco Rice Cucumber Salad Fruit	13 Breakfast Chicken & Biscuit Fruit Lunch Pepperoni Pizza Vegetable Fruit
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Cold Cereal is offered daily as a 2nd breakfast Option (instead of the menu item)

16 Breakfast Bagels w/ Strawberry Cream Cheese Fruit Lunch Cheese Burger Carrots & Ranch Fruit	17 Breakfast Sausage Breakfast Sandwich Fruit & Juice Holiday Lunch Ham & Red Rice Broccoli Mango Christmas Cookie	18 Breakfast Cheese Omelet Rice Fruit Lunch BBQ Pork Sandwich Vegetable Daily Fruit	19 Breakfast Mini Pancakes Fruit & Juice Lunch Bistek Rice Vegetable Daily Fruit	20 Breakfast Benefit Bar Fruit Lunch Popcorn Chicken Mashed Potatoes & Gravy Dinner Roll Fruit
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All meals meet USDA requirements for Healthy, Hunger Free Children

23 	24 No School		26 See YOU Next Year!	27
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At lunch, you are required to take a fruit or vegetable and at least 2 other items (Milk is optional)

30 	31 		 	Follow us on INSTAGRAM@ Sdexoschoolsguam for menu news!
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